Music is played in every society and culture in the world today. Some people think that music brings only benefits to the individuals and societies. Others, however, think that music can have a negative influence on both.

Music is an art form and cultural activity . the common element of music is rhythm and dynamics. Some people believe that music brings only benefit to individual<u>s</u> and society other<u>s</u> believe that music can have a negative influence on both. This essay will discuss both side<u>s</u> of this issue<u>s</u>.

Music is one of the things that can be positive influence on soul. Today there is general agreement that relaxing music like betoven are good for mentality and psyche. Psychologist<u>s</u> suggest<u>ed</u> that in <u>timesterm</u> of depression listen<u>ing</u> to dance music is the best way to avoid <u>depressionit</u>. There is some truth in the agreement that when you listen to different music <u>types</u> you can get <u>toting you</u> know with different culture<u>s</u>.

On the other hand, although I agree up to a point that music can have negative influence on individuals and societies, because music can excitationtrigger-psychological disorders like schizophrenia and depression but also I find it hard to believe that this is true in every case.in somebody's opinion if you hear to-music very loudly it can disturb other neighbors. Also it can damage your eardrums-binds when you get older you have weak hearing/you will be hard of hearing.

in conclusion, I think that music can have both positive and negative influence on people and society but it is part of our life that we cannot separate from our lives and it is really hard to find an individual who does not like music.